



COVID-19 – Procedures for the Safe Return of Swimming lessons

The health and safety of those within the Langley community is paramount. In line with Government, Swim England and the Royal Life Saving Society guidelines, we have put in place stringent measures to ensure your children can enjoy swimming lessons with us in a safe environment.

Here is how we will keep your children safe as they return to swimming lessons during Michaelmas Term.

PERSONAL HYGIENE AND CLEANING

- We have hand sanitiser on arrival to the pool building and in the poolside area. Soap will be readily available in all toilets. Handwashing/sanitising will take place upon arrival to the swimming pool building.
- The pool side, changing areas and toilet/shower facilities will receive a full clean each morning before lessons begin.
- There will be enhanced cleaning regimes in place between groups, particularly focused on touch points, toilets/shower and in changing facilities.
- Lesson equipment will be regularly disinfected with a cleaning rota in place. Surfaces will be cleaned before and after use, and touchpoints regularly cleaned throughout the day.
- All staff will wear gloves and a face mask when administering first aid, and additional gloves and face masks will be available to all staff should they be required.
- In line with guidance from the Pool Water Treatment Advisory Group (PWTAG), we will be maintaining chlorine disinfectant levels which comply with regulations and is proven to disinfect pathogens, including viruses such as COVID-19.
- Bacterial certificated testing is in place on a monthly basis.

SCHOOL SWIMMING LESSONS

- Pool capacity has been assessed in line with Swim England's COVID guidance.
- In line with social distancing requirements, we have structured classes to ensure that it is not too busy in any one area. The lesson group will be set into smaller groups within their year groups. The structure will allow for a group in the water and poolside group, this will be rotated incorporating changing so no areas are overcrowded.
- For our main pool lessons, teachers will teach from poolside.
- Woggles will be used to guide and assist weaker swimmers to aid floatation and help the teacher maintain social distancing.
- If an instructor is required to enter the water, they will ensure they maintain social distance approaching from 'side on' stance so they are not directly facing the children. They may also use a woggle for the child to hold to help them maintain social distance. If continued close proximity is required for a weak or nervous swimmer, a face visor will be worn.



SWIM CLINIC GUIDELINES

- We ask that parents adhere to the government guidelines on social distancing, ensuring there is 2 metres between themselves and others. We request that just one parent attends site.
- All pupils must be supervised by a parent/guardian for the duration of their swim clinic session. Spectator seating will be set out at a safe distance apart, and this is clearly marked with signage and tape on the floor. Mrs Heatley will lead the sessions for the groups and parents will be on hand if needed for any reason.
- In line with our Visitors policy parents will be required to wear a face covering whilst in the swimming pool building.
- There will be no changing room facilities open, therefore parents must assist their children changing on poolside before and after the sessions. There will be socially distanced seating changing spaces provided.
- Everyone must sanitise their hands upon entry to the pool area and outdoor footwear removed.
- Pre-Prep Pupils attending morning sessions must be in School ready to start their lessons by 9.00am. Pupils attending after School sessions must be collected as normal and escorted to the pool by their parents.
- Clinic Sessions will be run within the Year Group Bubbles.

COVID-19 SYMPTOMS

If your child(ren) or anyone in your household show any of the following symptoms, please do not attend your swimming lesson and follow Government and NHS guidance on self-isolation:

High temperature, A new, continuous cough or/and a change of the sense of smell, taste.

If a child presents symptoms whilst at school, the school will follow isolation protocol and parents will be called to collect at the earliest opportunity.

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